

# ST. ANSELM

## Proclaiming Christ in Hayes

### Then

#### I am Strong

It is great to be back from holiday. I believe most of you would love to hear from me how things went, so I was thinking of sharing the beautiful moments and the awful ones as well in this week's edition of the pew sheet, but on Friday, the scripture reading for morning prayer touched my heart, and I would like us to meditate on it. It was from 2 Corinthians 12:9b-10, which says, "... So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of

*Christ; for whenever I am weak, then I am strong."*

We are all weak; we sometimes become overwhelmed, tired, and stressed, and we will need a place of rest where we pause and ask God to have his way in our lives. Through this weakness, we realize God is the only source of dependence. There may be friends, family, and work colleagues, but God is the only dependable one; he does not leave us alone but strengthens us to move on with renewed energy. We must always acknowledge our weakness before God and not be ashamed because He alone is perfect and faultless.



We must always be ready to experience difficult situations that belittle, humiliate, make us feel unwanted, and overwhelm us. We should regard them as part of the process that will strengthen our faith in God and acknowledge that it is part of our Christian journey. Therefore, we must not be sad and act like people without hope because when we are weak, then comes strength from God Almighty.

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#### Email the Office

[office@stanselm.co.uk](mailto:office@stanselm.co.uk)

Please let us know of illness or other need as soon as possible. e.

#### Prayer focus

For Strength from God in challenging and difficult times.

#### Worship focus

That we will yearn for the life that our Lord and Saviour Jesus Christ gives through his Flesh and Blood

## This Sunday

### Sunday 18th August

20th SUNDAY IN ORDINARY TIME (G)


10am - Parish Mass

*Divine Office Psalter Week 4, Year B(II)*

## Keep in Touch

 [twitter.com/anselmhayes](https://twitter.com/anselmhayes)

 [facebook.com/stanselmhayes](https://facebook.com/stanselmhayes)

 07452 709238 (WhatsApp Only)

## Notices

**Our next PCC Meeting is on 1st September, so all PCC Members should please take note.**

Please remember that we are launching the Boys' Brigade and Girls Association in September, so please pick a form at the back of the church or speak to Susan.

All Brigade Volunteers should see Fr. Josiah to get their DBS sorted.

Please support the church generously through your giving at [www.stanselm.co.uk/giving](http://www.stanselm.co.uk/giving)

## Years Mind

18th - Doreen Holland

20th - Dulcie Robertson, Winifred Evelyn Smith, Idris Viola Clarke,  
Joyce Edith Henrietta Brennan (2015)

21st - Marion Polley

24th - Daisy Buckingham, Alan Thomas, Ika Campbell

## Pray This Week For

Mavis & Daniel Sibley, Laura & her twins, Jenny Appleby, Chris Gomez, Freya, Ato, Omeeta Dunrad, Susanna Mansah, Mary, Tiziana Fiorillo, Lennard Jones and Dilma.

## Monday 19th August

Monday of Week 20 in Ordinary Time (G)

[Offices said Privately]

Prayer focus: St. Anselm Parish

## Tuesday 20th August

St. Bernard, Abbot, Doctor (G/W)

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

Prayer focus: For all religious

## Wednesday 21st August

St. Pius X, Pope (G/W)

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

Prayer focus: Priest and Bishops of the Society

## Thursday 22nd August

Our Lady, Mother and Queen (G/W)

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

Prayer focus: New Christians

## Friday 23rd August

Friday of Week 20 in Ordinary Time (G)

9:45 - Morning Prayer | 10am - Mass

12:00 pm - Angelus / Rosary

Prayer focus: Struggling Mothers and Fathers

## Saturday 24th August

St. Bartholomew, Apostle (R)

[Offices said Privately]

Prayer focus: Charity

## Sunday 25th August

21st SUNDAY IN ORDINARY TIME (G)

10am - Parish Mass

*Divine Office Psalter Week 1, Year B(II)*

