

# ST. ANSELM

## Proclaiming Christ in Hayes

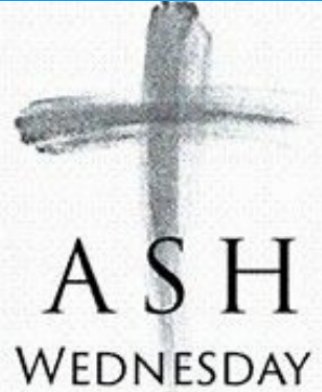
### Ash Wednesday...

#### Lent Begins

Lent is about to start all too soon and will begin with Ash Wednesday. We will collect all the palms blessed and distributed on Palm Sunday last year. Fr. Matthew and I will collect all the palms and make ashes out of them for Ash Wednesday, which occurs this 14th of February. Ash Wednesday marks the beginning of our Lenten period, leading to Easter or Day of Resurrection. Lent is a period where we exhibit repentance and show signs of remorse.

The essential things that help us experience Lent's holy nature and not like any other period are fasting, prayer, giving, and penance. During Lent, our focus must always be on God; therefore, whatever we do must be jeered towards things that will enhance our relationship with God. Lent is a period where we seek the face of God and, most importantly, his mercies. Pope Francis once said, *"God never tires of forgiving us: we are the ones who tire of seeking his mercy"*. We must always know that humans are frail; we always make mistakes, which is when we seek God's mercy through penance.

During Ash Wednesday, the imposition of the ashes on our forehead reminds us of what God said to Adam in



Genesis 3:19b: *"... for out of it you were taken; for you are dust," and to dust you shall return.*" This is a time of grief; we must not be happy with our misdoings but grieve over them and get the opportunity to reflect on our errors, pray, and repent from them.

It is our prayer that we make this lent a very blissful one, humble ourselves and seek the face of God.

Fr. Josiah

#### Get in touch:

Father Matthew Cashmore  
father@stanselm.co.uk  
020 3882 0553

Father Josiah Myles Abadoo  
fr.josiah@stanselm.co.uk  
020 4570 8543

Susan Chick, Lay Minister  
susan@stanselm.co.uk  
020 4570 7618

#### Churchwardens:

Julie Estep      Nicholas Karra  
020 8148 9906      020 8132 7849

Please let us know of illness or other need as soon as possible.

#### Prayer focus

The grace and strength to observe this year's Lenting activities with focus, purpose and spend time in the presence of God

#### Worship focus

This Wednesday is ASH WEDNESDAY, A devotional and solemn reminder that we are dust and unto dust we shall return.

## This Sunday

### Sunday 11th February

6th Sunday in Ordinary Time ●

10am - Parish Mass

11:30-12:30 - Sunday School

*Divine Office Psalter Week 2, Year B(II)*

## Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

## Notices

We are encouraging all those who would like to read in church to please sign up on the sheet at the entrance or speak to Susan.

We are encouraging those who would like to be volunteers of the Boys' Brigade to please speak to Fr. Josiah. Ladies and gentlemen are welcome.

We will be making the Ash for Ash Wednesday immediately after Mass so we will collect the palms after Mass today.

We are very low on food at the foodbank, all are welcome to donate.

**Please support the church generously through your giving at [www.stanselm.co.uk/giving](http://www.stanselm.co.uk/giving)**

## Years Mind

11th - Connie Foster, Alwin Zinkl, Jean Dack

12th - Jamie Portman, Ophelia Campbell

13th - Philip Morgan, Ann Grove, Fred Peverett

14th - Marion Paker

15th - Adleize Telling, Albert Telling, Norman Lait

16th - Edna Davies, Richard Burton

17th - James Shuttleworth, Beryl O'Sullivan

## Pray This Week For

Mavis & Daniel Sibley, June Boughton, Verity, Laura & her twins, Deborah Annabelle Potts, Susannah Mansa, Omeeta Dunrad, Elijah, Julie and her baby, Oliver Joseph, Linda, Carmen Artrey, Freya, Naveed, Danny, Jenny, Michael Appleby, Ransley, Peter and Iris Leatherbarrow, and Kalaiselvi.

## Monday 12th February

Monday of Week 6 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

*Prayer focus: Our online family*

## Tuesday 13th February

Tuesday of Week 6 in Ordinary Time ●

[Offices said privately]

*Prayer focus: For all religious*

## Wednesday 14th February

Ash Wednesday ●

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer & Rosary

*Divine Office Psalter Week 4*

*Prayer focus: For Charity*

## Thursday 15th February

Thursday after Ash Wednesday ●

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

7pm - Thursday Fun and Fellowship

*Prayer focus: New Christians*

## Friday 16th February

Friday after Ash Wednesday ●

9:45 - Morning Prayer | 10am - Mass

*Prayer focus: Struggling Mothers & Fathers*

## Saturday 17th February

Saturday after Ash Wednesday ●

[Offices said privately]

*Prayer focus: Priests & Bishops of the Society*

## Sunday 18th February

1st Sunday of Lent ●

10am - Parish Mass

*Divine Office Psalter Week 1, Year B(II)*