

ST. ANSELM

Proclaiming Christ in Hayes

You are not alone.

Many years back, I had a conversation with a friend who told me a story of a period in his life where he felt very lonely and how it affected every aspect of his life to the point where he thought no one was interested in his life on earth.

He had family and friends and was also gainfully employed, yet he felt lonely. It is important to note that the feeling of loneliness is so complex that it can significantly affect people's overall physical and spiritual well-being.

We all get this feeling some of the time, and for others, it is a feeling that is unending. Apart from its spiritual effects, studies show that it can lead to high



blood pressure, heart disease, stroke, depression, and overall stability in people who go through this.

This friend made it clear to me that he does not think God is in control of his life and said he does not believe even He exists and that if he did, why does he always feel alone?

Loneliness is more dangerous than you could imagine, but Isaiah 41:10 says,

“Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.”

One thing we must not relegate to the background is that God loves us, and he will never leave us. He wants us to trust and walk with him because those who have God are never alone, have a lively social life, and never forget to pray and play hard.

Fr. Josiah

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Please let us know of illness or other need as soon as possible.

Prayer focus

For the meeting of the PCC next Sunday as we meet to plan out the Advent and Christmas Seasons and look to the new year.

Worship focus

On Wednesday morning we celebrate the feast day of St. Luke the Evangelist with a high sung mass in the Lady Chapel.

This Sunday

Sunday 15th October

28th Sunday in Ordinary Time ●

10am - Parish Mass

11:30-12:30pm - Sunday School

Divine Office Psalter Week 4, Year A(I)

Notices



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

PCC Meeting NEXT SUNDAY 11:30am - 1pm to plan our Advent and Christmas seasons.

There is Sunday School THIS WEEK at 11:30am-12:30pm. Please invite and encourage your children to come.

Thursday Fun & Fellowship is back on Thursday and Fr. Josiah has some great ideas about things to try over the colder and darker months. Come along if you're feeling lonely, come along if you enjoy great company - good coffee, conversation and camaraderie.

The Christmas Tree and Town Lights turn on will once again take place at St. Anselm, this year on the 16th November at 4pm with a joint primary schools choir concert and the switch on at 4:30pm. The mayor will be with us once again.

We're just heading into the winter period and our heating and electricity bills will almost treble as we attempt to keep the church warm for Sundays and events. It would be wonderful if you could consider giving a little more over the winter period to help us cover the bills.

Please sign up for Parish Giving (which is a wonderful way to support St. Anselm and helps us claim more money from the government) Go to www.stanselm.co.uk/giving or call the Parish Giving Team directly on 0333 002 1271 quoting our parish number, which is: 230 623 503.

Years Mind

15th - David Nicholls

16th - Annie Channell, Percy Hurdle, Betty Jones,

17th - Horace Charles Nash, Edward Brennan (2016)

18th - Betty Maud Harper, John Redding

19th - Harold Edward Henry Bonnett

20th - John Lucas, Derek Carson

Pray This Week For

Wayne Campbell, Norma Piggott, Gemma, Deborah Ann Potts, Julie and her Mother, Mavis and Daniel Sibley, Susannah Mansa, J, Atlantik and family, Desmond and Yolande DeGale, C, Oliver Joseph, Nadifah, Omeeta Dunrad, Raj, Raman, June Boughton.

Monday 16th October

Monday of week 28 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

Prayer focus: Our online family

Tuesday 17th October

Saint Ignatius of Antioch, Bishop, Martyr ●

9:45 - Morning Prayer | 10am - Mass

5pm - Evening Prayer

Prayer focus: For all religious

Wednesday 18th October

Saint Luke, Evangelist ●

9:45 - Morning Prayer | 10am - High Sung Mass

5pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 19th October

Thursday of week 28 in Ordinary Time ●

9:45 - Morning Prayer

5pm - Evening Prayer

7pm - 9pm - Thursday Fun & Fellowship

Prayer focus: New Christians

Friday 20th October

Friday of week 28 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

Prayer focus: Struggling Mothers & Fathers

Saturday 21st October

Saturday of week 27 in Ordinary Time ●

[Offices said privately]

Prayer focus: HM King Charles III

Sunday 22nd October

29th Sunday in Ordinary Time ●

10am - Parish Mass

11:30am-1pm - PCC Meeting

Divine Office Psalter Week 1, Year A(I)