

ST. ANSELM

Proclaiming Christ in Hayes

Poverty of our souls.

This week we celebrated St. Clare. St. Clare was an astounding woman who lived in the late 12th and early 13th century and was a contemporary of St. Francis.

She was hugely inspired by St. Francis and his vow of poverty and she started a community of nuns that became the Poor Clares.

The Poor Clares were radical in their day - they adopted a vow of poverty that was incredibly severe. What's fascinating is that this Rule remains so severe in contrast to today's world - it

was radical then and continues to be radical today.

St. Clare had noted that religious houses of the day had a tendency to become more lax. To allow themselves more and more freedoms from the Rules they had originally created. Clare felt that a strict adherence to a Rule is what would allow herself - and the women who followed her - to understand Jesus better - and that understanding would enable them to be more caring in the world around them.

This remains true to this day. St. Clare offers us an example of poverty - not just in the material sense but perhaps more importantly in the spiritual sense.



If we understand that we are spiritually poor - that we are on a long, hard journey to understand Jesus better - then we can keep ourselves to a higher standard, a higher rule - a stricter Rule of Life.

In understanding that we are spiritually poor we can stop ourselves relaxing so much that we lose the importance of the good works we are called to do and the prayer we are called to offer.

Guard well against a desire to become more lax.

Fr. Matthew

Get in touch:

Father Matthew Cashmore
father@stanselm.co.uk
020 3882 0553

Father Josiah Myles Abadoo
fr.josiah@stanselm.co.uk
020 4570 8543

Susan Chick, Lay Minister
susan@stanselm.co.uk
020 4570 7618

Churchwardens:

Julie Estep **Nicholas Karra**
020 8148 9906 020 8132 7849

Please let us know of illness or other need as soon as possible.

Prayer focus

Please give thanks for all those who have come to faith here at St. Anselm - especially those who are discerning a faith through the Thursday groups.

Worship focus

There will be a vigil High Sung Mass for the Assumption of the Blessed Virgin Mary on Monday evening at 6pm. Please make a special effort to attend.

This Sunday

Sunday 13th August

19th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 3, Year A(I)

Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

Notices

Please sign up for Parish Giving (which is a wonderful way to support St. Anselm and helps us claim more money from the government) Go to www.stanselm.co.uk/giving or call the Parish Giving Team directly on 0333 002 1271 quoting our parish number, which is: 230 623 503.

Don't forget there is Thursday Fun and Fellowship this coming Thursday. This is proving to be a really lovely evening with a great group of people. 7pm - 8:30pm. Board games, conversation and refreshments.

We're going to move tea & coffee after mass to the rear of church in the cafe area. The tea & coffee rota isn't getting much love at the moment so if you feel able to help please do get in touch. You'll be able to learn how to use the espresso machine and it would be an enormous help and your gift to extending to fellowship and love of St. Anselm's.

There is Sunday School NEXT WEEK at 11:30am-12:30pm. Please invite and encourage your children to come.

We are looking for volunteers to help serve food on the 2nd Thursday of each month and to learn how to operate the coffee bike. If you'd be interested in helping please speak to Fr. Matthew.

Years Mind

13th - Annie Mendham, David Morgan Ellis

14th - Clarence Wicks

15th - Helen Dunn, Robert Twigg, Precious Ramsey,

17th - Clifford Newick, Edward Geake

18th - Doreen Holland

Pray This Week For

Wayne Campbell, Norma Piggott, Gemma, Deborah Ann Potts, Julie and her Mother, Mavis and Daniel Sibley, Susannah Mansa, J, Atlantik and family, Desmond and Yolande DeGale, C, Oliver Joseph, Nadifah, Penny Wren, Sandra.

Monday 14th August

Saint Maximilian Kolbe, Priest, Martyr ●

9:45 - Morning Prayer | 10am - Mass

6pm - Vigil High Mass for the Assumption of the BVM

Prayer focus: Our online family

Tuesday 15th August

The Assumption of the Blessed Virgin Mary - Solemnity ●

[Offices said privately]

Prayer focus: For all religious

Wednesday 16th August

Wednesday of week 19 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 17th August

Thursday of week 19 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

6pm - Evening Prayer

7pm - Thursday Fun & Fellowship

Prayer focus: New Christians

Friday 18th August

Friday of week 19 in Ordinary Time ●

9:45 - Morning Prayer | 10am - Mass

Prayer focus: Struggling Mothers & Fathers

Saturday 19th August

Saturday of week 19 in Ordinary Time ●

[Offices said privately]

Prayer focus: HM King Charles III

Sunday 20th August

20th Sunday in Ordinary Time ●

10am - Parish Mass

11:30pm - 12:30pm - Sunday School

Divine Office Psalter Week 4, Year A(I)