# ST. ANSELM

## Proclaiming Christ in Hayes

## Holy rest,

#### why is it so important.

It is often said that Priests, when they preach, do so primarily to themselves. This may well be an example of me writing an article I need to read!

We have a packed Autumn Term planned, there is something happening every week and we're all working super hard to bring new people to Jesus Christ here at St. Anselm.

As we come to the summer school holidays it's a good time to reflect on our workloads and consider a time of rest and relaxation.

#### Get in touch:

Father Matthew Cashmore father@stanselm.co.uk 020 3882 0553

Father Josiah Myles Abadoo fr.josiah@stanselm.co.uk 020 4570 8543

Susan Chick, Lay Minister susan@stanselm.co.uk 020 4570 7618

Churchwardens:

Julie Estep Nicholas Karra

020 8148 9906 020 8132 7849

Please let us know of illness or other need as soon as possible.

This isn't being lazy, it isn't running away – it is vital if we are to be in the best shape possible to welcome

the people of Hayes as they discover us through the mission and evangelism work we are all working so hard on.

What good will we be if, when children arrive for Sunday School we are so worn down and grumpy that the welcome they receive is anything less than loving and enthusiastic?

What good will we be if, when people who come on Thursday evening to the 59 Club or Fun &

## Prayer focus

Please pray for all of those who will come to church for Fun & Fellowship on Thursday evening & for all who are working hard to make this happen.



Fellowship are faced with sourness and tired disciples?

God gave us the sabbath – our day of rest – as a model of His being, of His love.

To love Him, is to accept His rest... to be like the disciple that Jesus loved and to recline our heads in His lap.

Thank you for all you have done this year. Rest now.
Come back re-energised and full of Love for Him.

Fr. Matthew

## Worship focus

Sunday School THIS WEEK! Please do share our wonderful new Sunday School with all the families you know.

### This Sunday

#### Sunday 23rd July

16th Sunday in Ordinary Time

10am - Parish Mass

11:30pm - 12:30pm - Sunday School

Divine Office Psalter Week 4, Year A(I)

#### Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

#### Notices

There is Sunday School THIS WEEK at 11:30am-12:30pm. Please invite and encourage your children to come.

Please sign up for Parish Giving (which is a wonderful way to support St. Anselm and helps us claim more money from the government) Go to <a href="https://www.stanselm.co.uk/giving">www.stanselm.co.uk/giving</a> or call the Parish Giving Team directly on 0333 002 1271 quoting our parish number, which is: 230 623 503.

Fr. Josiah is launching the first Fun & Fellowship evening this Thursday at 7pm. It's going to be a great evening of conversation, board games, all with tea, coffee & cake. Please be in touch with Fr. Josiah if you could lend a hand serving or having a chat with people.

#### Years Mind

27th - Mary Rigby, Charles MacCalvin (2017) 28th - Irene Davis

## Pray This Week For

Wayne Campbell, Norma Piggott, Gemma, Deborah Ann Potts, Julie and her Mother, Mavis and Daniel Sibley, Susannah Mansa, J, Atlantik and family, Desmond and Yolande DeGale, C, Oliver Joseph, Nadifah.

#### Monday 24th July

Monday of week 16 in Ordinary Time ● 9:45 - Morning Prayer | 10am - Mass 6pm - Evening Prayer

Prayer focus: Our online family

#### Tuesday 25th July

St. James, Apostle - Feast 

[Offices said privately]

Prayer focus: For all religious

#### Wednesday 26th July

St. Joachim & St. Anne, parents of the BVM 9:45 - Morning Prayer | 10am - Mass 6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

#### Thursday 27th July

Thursday of week 16 in Ordinary Time 9:45 - Morning Prayer | 10am - Mass 6pm - Evening Prayer 7pm - Thursday Fun & Fellowship Prayer focus: New Christians

### Friday 28th June

Friday of week 16 in Ordinary Time 9:45 - Morning Prayer | 10am - Mass
Prayer focus: Struggling Mothers & Fathers

## Saturday 29th July

Saints Martha, Mary, & Lazarus 
[Offices said privately]

Prayer focus: HM King Charles III

## Sunday 30th July 17th Sunday in Ordinary Time •

10am - Parish Mass

Divine Office Psalter Week 1, Year A(I)