

ST. ANSELM

Proclaiming Christ in Hayes

Healing

& wholeness.

It's no surprise that many of us feel under the weather at this time of year. The cold weather is still with us, the sun isn't quite warming things up yet and is still taking too long to appear in the mornings - yet disappears far too early of an evening.

We are tired, we are worn out, we many not even be able to put a finger on quite what is wrong with us.

Of course sometimes we know exactly what is wrong with us - a sore throat, a bad leg, poor eyesight and an aching back.

When these things assault us we turn to the medicine cupboard and reach for the pills, the solutions, the badges and special wraps that keep us going day by day.

These are good and important things, but there is a deeper hurt, a deeper pain, a deeper wrongness that can affect how we feel day to day.

It's difficult to put a name to, but it can pull us down and in doing so make our physical woes harder to bare, harder to heal.

It's this deep hurt and pain that our service of Benediction and Healing will address on Sunday evening.



There will be a quiet hour where we'll sit in from of the Blessed Sacrament and ask Jesus to heal us.

We'll gather and Fr. Matthew & Fr. Josiah will lay on hands and pray for healing for specific needs.

We'll be anointed with oil from the Holy Land and will reach out to God in prayer - to ask that the deep hurts we feel are cured. That they are made bearable.

Come, be healed.

Fr. Matthew

Get in touch:

Father Matthew Cashmore SSC
father@stanselm.co.uk
020 3882 0553

Father Josiah Myles Abadoo
fr.josiah@stanselm.co.uk
020 4570 8543

Susan Chick, Lay Minister
susan@stanselm.co.uk
020 4570 7618

Churchwardens:

Cynthia Lashley David Couling
020 8561 0408 07931 629574

Please let us know of illness or other need as soon as possible. We are available on the above numbers 24/7.

Prayer focus

For people to sign up and come to our Alpha course starting on the 19th January.

www.stanselm.co.uk/alpha

Worship focus

There will be a special service of Benediction and Healing on Sunday 5th Feb at 6pm using anointing oil from the Holy Land.

This Sunday

Sunday 5th February

5th Sunday in Ordinary Time ●

10am - Parish Mass

6pm - Benediction and Healing Service

(with anointing and laying on of hands)

Divine Office Psalter Week 1, Year A(I)

Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

Notices

PCC meeting on the 5th February (this Sunday) immediately after mass - to include a special meeting for appointing Fr. Matthew as Vicar.

There will be a special service of Benediction and Healing on Sunday (5th) at 6pm - with anointing and laying on of hands for healing using oil from the Holy Land.

Alpha continues to run on Thursday evening and for the next 10 weeks. If you're interested, or know someone who you think may find it helpful, given them a flyer or point them to our website at www.stanselm.co.uk/alpha

The foodbank is still in serious need of help. Last week we looked after over 89 families and each week we are being cleared of food. Please do donate any spare tins you may have

Our new coffee bike is now in place alongside our new cafe area. We'll be advertising shortly for somebody to come and run the cafe on our behalf for a set daily fee - if you know of anyone who may be interested please speak to Fr. Matthew.

Years Mind

5th - Eleanor Eades, Nellie Bennett, Maria Jones

7th - Elizabeth Ann Shackles, Jane Elizabeth Barnard, Lily Daniels, John Faithfull

8th - Beryl Colclough, Ada Mary Groves, Audrey Rymill

9th - Emily Godfrey, Len Pagram

10th - Edward Read, Johnson Gidharry

11th - Connie Foster, Alwin Zinkl, Jean Dack

Pray This Week For

Yolanda De Gale, Wayne Campbell, Beryl Higgs, Kevin Riley & Family, Norma Piggott, Gemma, Deborah Ann Potts, Adrian Calliste, Jim Kissane, Mavis & Daniel Sibley, Desmond, Dorothy Shirley Gordon, Alan & Vida, Elijah and his family, Andrew, Sarah, Jan, Rita Ford, Cynthia.

Monday 6th February

Saints Paul Miki and his Companions, Martyrs ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

Prayer focus: Our online family

Tuesday 7th February

Tuesday of Week 5 in Ordinary Time ●

[Offices said privately]

Prayer focus: The evangelisation of England

Wednesday 8th February

Wednesday of Week 5 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

12pm - 2pm - Foodbank

6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 9th February

Thursday of Week 5 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

7:30pm - Alpha Course (www.stanselm.co.uk/alpha)

Prayer focus: New Christians

Friday 10th February

Saint Scholastica, Virgin ●

9:45am - Morning Prayer | 10am - Mass

Prayer focus: Struggling Mothers & Fathers

Saturday 11th February

Our Lady of Lourdes ●

[Offices said privately]

Prayer focus: Children around the world

Sunday 12th February

6th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 2, Year A(I)