

ST. ANSELM

Proclaiming Christ in Hayes



A Good Lent.

Last Wednesday we reminded ourselves of Genesis 3:19 that we are dust and to dust we will return this moves us to take a pause for reflection and meditation. Ash Wednesday sets the stage for this period of lent. During this period, we are reminded of our frailness in our Christian journey, and it takes Jesus Christ to move

us into a position of strength, hope and perfection.

Our activities during this Lent must be one of meditation and sober reflection of how we have lived our lives and what we can do to improve the assembly of God. We should be willing to deny ourselves of things that are not beneficial, acknowledging our weaknesses in order to gain strength in Christ and always avail ourselves for the things of God. We are always reminded that God's grace is sufficient for us, and His power will be made perfect in weakness.

I remember when we were kids one of the things we were asked to do in Lent was to cultivate the habit of giving. We were given small boxes to drop some coins so that after lent it can be given to the less privileged in the society. Giving and sharing the little we have is one of the key virtues of this season. Are we giving our time, our money, our skill, food to support the food bank, volunteering etc? Every kind of giving is all to the glory of God when it is coming from a good heart.

Fr. Josiah Myles Abadoo

Get in touch:

Father Matthew Cashmore
father@stanselm.co.uk
020 3882 0553

Father Josiah Myles Abadoo
fr.josiah@stanselm.co.uk
020 4570 8543

Susan Chick, Lay Minister
susan@stanselm.co.uk
020 4570 7618

Churchwardens:

Cynthia Lashley **David Couling**
020 8561 0408 07931 629574

Please let us know of illness or other need as soon as possible. We are available on the above numbers 24/7.

Prayer focus

For all those taking part in the Alpha course, for all those helping run the Alpha.

www.stanselm.co.uk/alpha

Worship focus

A feast day in Lent!

Make sure you come to mass on St. David's day this Wednesday.

This Sunday

Sunday 26th February

1st Sunday of Lent ●

9am - Confessions

10am - Parish Mass

Divine Office Psalter Week 1, Year A(I)

Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

Notices

Alpha Afternoon Tea - next Sunday (5th) we will be hosting an Afternoon Tea for all those who have been taking part in our Alpha Course. We will be exploring how the Holy Spirit works in our lives and it will be a great opportunity to meet some of the people who taking part in Alpha here at St. Anselm's. It would be great if you could come along, learn a little about the Holy Spirit, meet some new people and maybe even help me prepare the Afternoon Tea! 3pm-6pm followed by a Spirit led Evening Prayer.

During Lent there will be a Priest available for confessions for an hour before each mass. Make your way to the statue of Jesus and the Priest will hear your confession or will help you make your first confession.

Can you bring in any spare plastic bags you have for foodbank please?

Our new coffee bike is now in place alongside our new cafe area. We'll be advertising shortly for somebody to come and run the cafe on our behalf for a set daily fee - if you know of anyone who may be interested please speak to Fr. Matthew.

Years Mind

26th - Bill Young

27th - John George Harris

28th - William Bayley, Freda Irene Boddy

MARCH

2nd - Freda Simson, Gertrude Sarrell, Nellie Lipscombe, Winifred Hamatton

3rd - Joan Middleton, Jack Middleton, Hannah Middleton, Peter Robert Botley

4th - June Rosalie Harper

Pray This Week For

Wayne Campbell, Kevin Riley & family, Norma Piggott, Gemma, Mark, Deborah Ann Potts, Chantal & baby Wynter-Rose Calliste-Jimu, Rita Ford, Adrian Calliste, Dorothy Shirley Gordon, Mavis & Daniel Sibley.

Monday 27th February

Monday of the 1st week of Lent ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

Prayer focus: Our online family

Tuesday 28th February

Tuesday of 1st week of Lent ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

Prayer focus: The evangelisation of England

Wednesday 1st March

St. David, Bishop - Feast ●

9:45am - Morning Prayer | 10am - Mass

12pm - 2pm - Foodbank

6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 2nd March

Thursday of the 1st week of Lent ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

7:30pm - Alpha Course (www.stanselm.co.uk/alpha)

Prayer focus: New Christians

Friday 3rd March

Friday of the 1st week of Lent ●

9:45am - Morning Prayer | 10am - Mass

Prayer focus: Struggling Mothers & Fathers

Saturday 4th March

Saturday of the 1st week of Lent ●

[Offices said privately]

Prayer focus: Children around the world

Sunday 5th March

2nd Sunday of Lent ●

9am - Confessions

10am - Parish Mass

3pm-6pm - Alpha Afternoon Tea

Divine Office Psalter Week 2, Year A(I)