

# ST. ANSELM

## Proclaiming Christ in Hayes

### Exploring

#### *a good lent.*

It may sound odd to want to wish somebody a good lent. But that's exactly what we should do.

Lent is a period of time that allows us to prepare for the high point of the Christian year - the death and resurrection of Jesus Christ.

It is not simply a period of time where we think about something that we can give up, 'what are you giving up this year?' or what we may take on, 'are you doing extra devotionals this year?'

No, lent is first and foremost a period of preparation, a period of preparation in

which we leverage the power of self-denial in order to attempt to walk more closely with Jesus in his final weeks of earthly life.

In the following weeks we will walk with Jesus as He moves from the surrounds of Jerusalem where crowds follow Him and where He teaches to all who will listen. Where He heals, where He walks, where He talks to all who have ears to listen.

We will enter into that great city with Him as he arrives as King - but not the King that people want or expect.

We will stand next to Him as the crowds who followed Him, where healed by Him, who



listened to Him call for His death on the cross.

Most importantly we will share in His death, we will wait at His tomb and we will rejoice when we arrive on Easter Sunday morning - He is alive!

So I wish you a good lent. I wish that you find a way to walk with Jesus over the coming weeks and in doing so find a closer relationship with Him and a deeper understanding of His Love for you.

Fr. Matthew

### Get in touch:

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Churchwardens:

**Cynthia Lashley**   **David Couling**  
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*Please let us know of illness or other need as soon as possible. We are available on the above numbers 24/7.*

### Prayer focus

For people to sign up and come to our Alpha course starting on the 19th January.

[www.stanselm.co.uk/alpha](http://www.stanselm.co.uk/alpha)

### Worship focus

Join us on Wednesday morning for Ash Wednesday where we will be offering ashing during Mass.

## This Sunday

### Sunday 19th February

7th Sunday in Ordinary Time ●

10am - Parish Mass

*Divine Office Psalter Week 3, Year A(I)*

## Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

## Notices

**Please bring your palm crosses to church on Sunday so that we can burn them for Ash Wednesday!**

During Lent there will be a Priest available for confessions for an hour before each mass. Make your way to the statue of Jesus and the Priest will hear your confession or will help you make your first confession.

Next Saturday (25th) is the annual fundraising concert by the Torfaen Male Voice Choir. Last year we raised well over £500 in ticket sales and donations for tea & coffee for the work of the parish. Please do support the concert by selling tickets this week or putting up a poster in your local shop.

Alpha continues to run on Thursday evenings right through Lent. If you're interested, or know someone who you think may find it helpful, given them a flyer or point them to our website at [www.stanselm.co.uk/alpha](http://www.stanselm.co.uk/alpha)

**Can you bring in any spare plastic bags you have for foodbank please?**

Our new coffee bike is now in place alongside our new cafe area. We'll be advertising shortly for somebody to come and run the cafe on our behalf for a set daily fee - if you know of anyone who may be interested please speak to Fr. Matthew.

## Years Mind

19th - Cyril (Ted) Birch

20th - Alice Batchelor, Frank May

21st - Bessie Nicholls, Pam Toovey, Howard Walter Jones

23rd - Herbert Bateman

24th - Ronald (Jim) Durnford

## Pray This Week For

Yolanda De Gale, Wayne Campbell, Beryl Higgs, Kevin Riley & Family, Norma Piggott, Gemma, Deborah Ann Potts, Adrian Calliste, Jim Kissane, Mavis & Daniel Sibley, Dorothy Shirley Gordon, Andrew, Sarah, Jan, Elijah and his family, Rita Ford, Chantal Calliste-Jimu.

## Monday 20th February

Monday of Week 7 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

*Prayer focus: Our online family*

## Tuesday 21st February

Tuesday of Week 7 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

*Prayer focus: The evangelisation of England*

## Wednesday 22nd February

**Ash Wednesday** ●

9:45am - Morning Prayer | 10am - Mass with Ashing

12pm - 2pm - Foodbank

6pm - Evening Prayer & Rosary

*Prayer focus: Priests & Bishops of the Society*

## Thursday 23rd February

Thursday after Ash Wednesday ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

7:30pm - Alpha Course ([www.stanselm.co.uk/alpha](http://www.stanselm.co.uk/alpha))

*Prayer focus: New Christians*

## Friday 24th February

Friday after Ash Wednesday ●

9:45am - Morning Prayer | 10am - Mass

*Prayer focus: Struggling Mothers & Fathers*

## Saturday 25th February

Saturday after Ash Wednesday ●

7pm - Torfaen Male Voice Choir Concert

*Prayer focus: Children around the world*

## Sunday 26th February

1st Sunday of Lent ●

9am - Confessions

10am - Parish Mass

*Divine Office Psalter Week 1, Year A(I)*

*Confessions are heard by appointment with Fr. Matthew or Fr. Josiah*