

ST. ANSELM

Proclaiming Christ in Hayes

Pray, *without ceasing.*

Our spiritual growth and development are dependent on our dedication to prayer and total faith in it. Prayer is the key to enhances our relationship with God and builds our faith as Christians. Prayer is what nourishes us in our journey with the Lord but sometimes, we tend to be little the impact of prayer in our lives and as a result, puts us in a position where the glory of God will be missing in our Christian life. Edward McKendree Bounds puts it clearly “Four things let us ever keep in mind: God hears prayer, God heeds prayer, God

answers prayer, and God delivers by prayer”.

When our prayer life is in its best shape, we are guaranteed answered prayers and we will not be worried about the future because our way is made clear through our prayers. It is not easy trying to grow our prayer life but being consistent in prayer puts away all our worries because we will find ourselves in the good hands of God. Whenever I read 1Thessalonians 5:16-17 which says, “Rejoice always, pray without ceasing,” it encourages me to do more in my prayer life because I realize that the more, we



pray, the more we experience inner peace and joy.

Beloved in Christ, “do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.” (Philippians 4:6).

Let us always speak to God in all things and be faithful in everything we do, and God will deliver by prayer.

Fr. Josiah

Get in touch:

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Please let us know of illness or other need as soon as possible. We are available on the above numbers 24/7.

Prayer focus

For people to sign up and come to our Alpha course starting on the 19th January.

www.stanselm.co.uk/alpha

Worship focus

Come to rosary on Wednesday evening. The evenings are getting lighter, it's a little warmer and it's a beautiful way to sustain yourself in prayer.

This Sunday

Sunday 12th February

6th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 2, Year A(I)

Keep in Touch



twitter.com/anselmhayes



facebook.com/stanselmhayes



07537 410120 (WhatsApp & Text)

Notices

I have brought water back from the well at the Shrine of Our Lady of Walsingham and added it to the water in the stoup at the sacristy entry from the well in Nazareth. Holy water from Nazareth in the Holy Land mixed with holy water from England's Nazareth.

Alpha continues to run on Thursday evening (over 20 people joining us each week) and for the next 9 weeks. If you're interested, or know someone who you think may find it helpful, given them a flyer or point them to our website at www.stanselm.co.uk/alpha

The foodbank is still in serious need of help. We are now regulars helping over 80 families each week and the shelves are emptied every Wednesday. Please do donate any spare tins you may have or consider offering a small cash donation - you can find details at www.stanselm.co.uk/foodbank

Our new coffee bike is now in place alongside our new cafe area. We'll be advertising shortly for somebody to come and run the cafe on our behalf for a set daily fee - if you know of anyone who may be interested please speak to Fr. Matthew.

Years Mind

12th - Jamie Portman, Ophelia Campbell

13th - Philip Morgan, Ann Grove, Fred Peverett

14th - Marion Paker

15th - Adleize Telling, Albert Telling, Norman Lait

16th - Edna Davies, Richard Burton

17th - James Shuttleworth, Beryl O'Sullivan

Pray This Week For

Yolanda De Gale, Wayne Campbell, Beryl Higgs, Kevin Riley & Family, Norma Piggott, Gemma, Deborah Ann Potts, Adrian Calliste, Jim Kissane, Mavis & Daniel Sibley, Desmond, Dorothy Shirley Gordon, Alan & Vida, Elijah and his family, Andrew, Sarah, Jan, Rita Ford, Cynthia.

Monday 13th February

Monday of Week 6 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

Prayer focus: Our online family

Tuesday 14th February

Ss. Cyril, monk and Methods, Bishop - Feast ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

Prayer focus: The evangelisation of England

Wednesday 15th February

Wednesday of Week 6 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

12pm - 2pm - Foodbank

6pm - Evening Prayer & Rosary

Prayer focus: Priests & Bishops of the Society

Thursday 16th February

Thursday of Week 6 in Ordinary Time ●

9:45am - Morning Prayer | 10am - Mass

6pm - Evening Prayer

7:30pm - Alpha Course (www.stanselm.co.uk/alpha)

Prayer focus: New Christians

Friday 17th February

Friday of Week 6 in Ordinary Time ●

[Offices said privately]

Prayer focus: Struggling Mothers & Fathers

Saturday 18th February

Saturday Memorial of the Blessed Virgin Mary ●

[Offices said privately]

Prayer focus: Children around the world

Sunday 19th February

7th Sunday in Ordinary Time ●

10am - Parish Mass

Divine Office Psalter Week 3, Year A(I)